

29TH ANNUAL

JOHN F. KENNEDY 50 MILE

America's Oldest Ultramarathon

**Boonsboro to Williamsport, MD
November 23, 1991**



**1990 MEN'S CHAMPION
Joe Blackmon**



**1990 WOMEN'S CHAMPION
Shelby Hayden-Clifton**

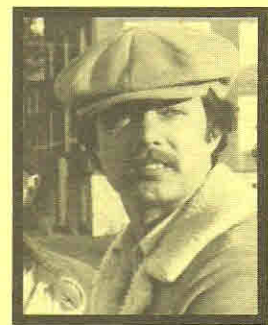
FINISHERS IN FOUR DECADES



Kim Byron
1960's — 2
1970's — 10
1980's — 9
1990's — 1



Mike Adams
1960's — 2
1970's — 9
1980's — 10
1990's — 1



Ed Glenn
1960's — 1
1970's — 6
1980's — 4
1990's — 1

S P O N S O R E D B Y

Cumberland Valley Athletic Club

JFK 50 MILE HISTORY MAKING FIRSTS

First JFK 50 Starting Field:	Steve Costion James Ebberts Gary Eyler Doug Fryer Dave Henson Rick Kephart Rick Miller Donnie Poper Russ Putnam Buzz Sawyer Wayne Vaughn	1963
First Women To Start In The JFK 50:	Mary Chafey Laura Cyr Diane Detering Linda DeLauder Sally Keadle Jennifer Moser Jackie Teague	1966
First Woman To Finish The JFK 50:	Donna Aycoth	1968
First Age 70 & Over To Finish The JFK 50:	John Newdorp	1980
First Age 60 & Over To Finish The JFK 50:	Burnis Hicks	1973
First Age 50 & Over To Finish The JFK 50:	Dr. Jim Dobbie	1966
First Blind Runner To Finish The JFK 50:	Tom Rothrock	1975
First U.S. Congressman To Finish The JFK 50:	Goodloe Byron	1971
First Canadian To Finish The JFK 50:	Dr. John Kendall	1975
First Member Of The "250 Mile" Club:	Buzz Sawyer	1968
First Woman Member Of The "250 Mile" Club:	Donna Aycoth	1972
First Member Of The "500 Mile" Club:	Kim Byron	1977
First Woman Member Of The "500 Mile" Club:	Carolyn Showalter	1988
First Member Of The "750 Mile" Club:	Kim Byron	1982
First Members Of The "1000 Mile" Club:	Mike Adams Kim Byron	1988 1988

JFK 50 MILE RECORDS

JFK 50 MILE RECORD:	5:53:05	Mike Spinnler	1982
JFK 50 MILE RECORD (WOMEN):	6:50:56	Teri Gerber	1984
SCHOLASTIC RECORD:	6:16:25	Karsten Schulz	1977
AGE 70 & OVER RECORD:	10:22:21	Bob Boal (70)	1982
AGE 60 & OVER RECORD:	8:42:48	Dick Good (60)	1990
AGE 60 & OVER RECORD (WOMEN):	11:50:03	Burnis Hicks (62)	1973
AGE 50 & OVER RECORD:	7:07:59	Bill Jackson (50)	1977
AGE 50 & OVER RECORD (WOMEN):	8:54:53	Pat Botts (50)	1990
AGE 40 & OVER RECORD:	6:16:39	David Horton (40)	1990
AGE 40 & OVER RECORD (WOMEN):	7:41:13	Sue Medaglia (44)	1979
AGE 15 & UNDER RECORD:	7:46:54	Brad Vaughn (15)	1975
AGE 15 & UNDER RECORD (WOMEN):	9:49:58	Valerie Hardin (11)	1973
ELDEST FINISHER:	AGE 75	Everett Marsh	1990
MOST YEARS A FINISHER:	22- Years	Mike Adams & Kim Byron	
MOST YEARS A FINISHER (WOMEN):	12 Years	Carolyn Showalter	
LONGEST FINISHER STREAK:	21 YEARS	Cal Mahaney	
LONGEST FINISHER STREAK (WOMEN):	9 YEARS	Carolyn Showalter	
MOST VICTORIES:	5	James Ebberts	
MOST VICTORIES (WOMEN):	6	Donna Aycoth	
WASHINGTON COUNTY RECORD:	5:53:05	Mike Spinnler	1982
WASHINGTON COUNTY RECORD (WOMEN):	7:39:36	Laura Nelson	1990
FREDERICK COUNTY RECORD:	7:13:01	Ron Pace	1977
FREDERICK COUNTY RECORD (WOMEN):	9:46:06	Barry Salisbury	1990
CANADIAN RECORD:	6:48:04	Chris Kelk	1989
CANADIAN RECORD (WOMEN):	8:57:22	Jo Wells	1985

JFK 50 MILE CHAMPIONS

1963	Steve Costion, James Ebberts, Rick Miller, Buzz Sawyer	13:10:-
1964	Steve Costion, James Ebberts, Wayne Vaughn	12:33:-
1965	James Ebberts, Elton Horst, Buzz Sawyer	10:39:-
1966	Kenny Baker, Elton Horst, Buzz Sawyer	10:21:-
1967	James Ebberts, Buzz Sawyer, Wayne Vaughn	10:03:40
1968	Leo Henry	10:02:12
1969	James Ebberts, Baxter Berryhill	8:32:04
1970	Baxter Berryhill	7:21:25
1971	Elton Horst	6:15:42
1972	Park Barner	6:29:57
1973	Max White	5:55:30
1974	Max White	6:06:19
1975	Angelo Gioiosa	6:27:58
1976	Pat Gill	5:59:28
1977	Ed Ayres	6:04:01
1978	Phil Bishop	6:14:59
1979	Bill Lawder	6:08:54
1980	Dan Brannen	6:14:02
1981	Scott Miller	6:13:56
1982	Mike Spinnler	5:53:05
1983	Mike Spinnler	6:12:12
1984	Jim Pellon	6:18:56
1985	David Horton	6:16:00
1986	Dennis Griffin	6:34:13
1987	Wes Kessenich	6:19:08
1988	Chris Gibson	6:31:06
1989	Chris Gibson	6:16:29
1990	Joe Blackmon	6:15:53

JFK 50 MILE WOMEN'S CHAMPIONS

1968	Donna Aycoth	10:41:15
1969	Donna Aycoth	9:27:31
1970	Donna Aycoth	9:45:15
1971	Donna Aycoth	9:29:48
1972	Donna Aycoth	9:48:30
1973	Donna Aycoth	8:26:07
1974	Nancy Keplinger	13:48:05
1975	Martha Hauver	10:27:26
1976	Sue Shepherd	9:35:10
1977	Sue Medaglia	8:19:07
1978	Sue Medaglia	7:53:37
1979	Sue Medaglia	7:41:13
1980	Sue Medaglia	7:53:40
1981	Sue Medaglia	8:10:38
1982	Carole Williams	7:28:39
1983	Teri Gerber	6:56:12
1984	Teri Gerber	6:50:56
1985	Carolyn Showalter	7:59:24
1986	Carolyn Showalter	7:48:13
1987	Carolyn Showalter	8:07:49
1988	Carolyn Showalter	7:57:16
1989	Carolyn Showalter	7:52:44
1990	Shelby Hayden-Clifton	7:10:14

JFK 50 MILE ALL-TIME TOP 25 PERFORMERS

1.	Mike Spinnler	5:53:05	1982
2.	Max White	5:55:30	1973
3.	Paul Jost	5:59:12	1982
4.	Pat Gill	5:59:28	1976
5.	Bill Lawder	6:03:51	1982
6.	Ed Ayres	6:04:01	1977
7.	Rick Warren	6:12:20	1973
8.	Scott Miller	6:13:56	1981
9.	Dan Brannen	6:14:02	1980
10.	Phil Bishop	6:14:59	1978
11.	Elton Horst	6:15:42	1971
12.	Joe Blackmon	6:15:53	1990
13.	David Horton	6:16:00	1985
14.	Karsten Schulz	6:16:25	1977
15.	Chris Gibson	6:16:29	1989
16.	Bruce Nystrom	6:17:44	1979
17.	Jim Pellon	6:18:56	1984
18.	Eric Clifton	6:19:06	1990
19.	Wes Kessenich	6:19:08	1987
20.	Neil Weygandt	6:20:20	1982
21.	Don Marvel	6:22:04	1981
22.	John Hess	6:22:28	1979
23.	Kerry Green	6:22:30	1977
24.	Park Barner	6:23:53	1973
25.	Ed Boggess	6:25:58	1989

JFK 50 MILE WOMEN'S ALL-TIME TOP 25 PERFORMERS

1.	Teri Gerber	6:50:56	1984
2.	Shelby Hayden-Clifton	7:10:14	1990
3.	Carole Williams	7:28:39	1982
4.	Randi Bromka	7:30:36	1990
5.	Laura Nelson	7:39:36	1990
6.	Mary Hanudel	7:40:36	1983
7.	Sue Medaglia	7:41:13	1979
8.	Carolyn Showalter	7:44:13	1990
9.	Pat O'Brien	7:47:34	1984
10.	Laura Perry	8:05:29	1986
11.	Margarete Deckert	8:11:29	1982
12.	Lorraine Gersitz	8:14:20	1990
13.	Mitzi Henscheid	8:19:56	1982
14.	Shelia Burchett	8:25:58	1989
15.	Donna Aycoth	8:26:07	1973
16.	Noël Relyea	8:35:12	1990
17.	Pat Botts	8:39:11	1989
18.	Kelly Hoskins	8:41:43	1989
19.	Debbie Richey	8:41:57	1980
20.	Louise Dooley	8:46:43	1983
21.	Iris Black	8:47:54	1990
22.	Jo Wells	8:57:22	1985
23.	Ingrid Honzak	8:57:37	1989
24.	Kim Bricker	8:59:38	1989
25.	Tracy Herndon	9:00:20	1983

HISTORY'S 25 QUICKEST TRIPS OVER THE JFK 50 MILE COURSE

1.	Mike Spinnler	5:53:05	1982
2.	Max White	5:55:30	1973
3.	Paul Jost	5:59:12	1982
4.	Pat Gill	5:59:28	1976
5.	Bill Lawder	6:03:51	1982
6.	Ed Ayres	6:04:01	1977
7.	White	6:06:19	1974
8.	Lawder	6:08:54	1979
9.	Spinnler	6:12:12	1983
10.	Rick Warren	6:12:20	1973
11.	Scott Miller	6:13:56	1981
12.	Dan Brannen	6:14:02	1980
13.	Phil Bishop	6:14:59	1978
14.	Elton Horst	6:15:42	1971
15.t	Bishop	6:15:53	1982
15.t	Joe Blackmon	6:15:53	1990
17.	David Horton	6:16:00	1985
18.	Karsten Schulz	6:16:25	1977
19.	Chris Gibson	6:16:29	1989
20.	Horton	6:16:39	1990
21.	Bruce Nystrom	6:17:44	1979
22.	Jim Pellon	6:18:56	1984
23.	Eric Clifton	6:19:06	1990
24.	Wes Kessenich	6:19:08	1987
25.	Pellon	6:19:57	1983

HISTORY'S 25 QUICKEST TRIPS BY WOMEN OVER THE JFK 50 MILE COURSE

1.	Teri Gerber	6:50:56	1984
2.	Gerber	6:56:12	1983
3.	Shelby Hayden-Clifton	7:10:14	1990
4.	Carole Williams	7:28:39	1982
5.	Randi Bromka	7:30:30	1990
6.	Laura Nelson	7:39:36	1990
7.	Mary Hanudel	7:40:36	1983
8.	Sue Medaglia	7:41:13	1979
9.	Carolyn Showalter	7:44:13	1990
10.	Pat O'Brien	7:47:34	1984
11.	Showalter	7:48:13	1986
12.	Showalter	7:52:44	1989
13.	Bromka	7:53:06	1989
14.	Medaglia	7:53:37	1978
15.	Medaglia	7:53:40	1980
16.	Showalter	7:56:27	1984
17.	Showalter	7:57:16	1988
18.	Showalter	7:59:24	1985
19.	Laura Perry	8:05:29	1986
20.	Showalter	8:07:49	1987
21.	Medaglia	8:10:38	1981
22.	Margarete Deckert	8:11:29	1982
23.	Nelson	8:12:42	1989
24.	Lorraine Gersitz	8:14:20	1990
25.	Medaglia	8:19:07	1977

"1000 MILE CLUB"

(3 Members)

MIKE ADAMS: Finished 22 JFK 50's Best Time: 6:42:34 (79)
Years: 65-69-71-72-73-74-75-76-77-78-79-80-81-82-83-84-85-86-87-88-89-90

KIM BYRON: Finished 22 JFK 50's Best Time: 8:29:59 (88)
Years: 68-69-70-71-72-73-74-75-76-77-78-79-80-81-82-83-85-86-87-88-89-90

CAL MAHANEY: Finished 21 JFK 50's Best Time: 9:24:35 (82)
Years: 70-71-72-73-74-75-76-77-78-79-80-81-82-83-84-85-86-87-88-89-90

"750 MILE CLUB"

(8 Members)

CARL CORNETT: Finished 18 JFK 50's Best Time: 8:32:10 (85)
Years: 72-73-74-75-76-77-78-79-80-81-82-83-84-85-87-88-89-90

BOB HENSCHIED: Finished 17 JFK 50's Best Time: 8:02:47 (80)
Years: 74-75-76-77-78-79-80-81-82-83-84-85-86-87-88-89-90

EVERETT MARSH: Finished 16 JFK 50's Best Time: 12:29:16 (81) -
Years: 75-76-77-78-79-80-81-82-83-84-85-86-87-88-89-90

FRED SCHUMACHER: Finished 16 JFK 50's Best Time: 9:57:14 (84)
Years: 74-75-76-77-78-80-81-82-83-84-85-86-87-88-89-90

DENNY EVANS: Finished 15 JFK 50's Best Time: 9:17:02 (79)
Years: 73-77-78-79-80-81-82-83-84-85-86-87-88-89-90

JIM LEWIS: Finished 15 JFK 50's Best Time: 11:08:35 (77)
Years: 72-73-74-75-76-77-78-79-81-82-83-84-85-87-88

BYRON McNELLY: Finished 15 JFK 50's Best Time: 9:53:52 (77)
Years: 75-77-78-79-80-81-82-83-84-85-86-87-88-89-90

DON WEST: Finished 15 JFK 50's Best Time: 12:58:47 (75)
Years: 74-75-76-77-78-79-80-81-82-83-84-85-86-88-89

**500-MILE CLUB
(52 MEMBERS)**

	<u>JFK 50's FINISHED</u>	<u>YEARS</u>	<u>BEST TIME</u>	
RANDY HOWARD	14	74-75-76-77-78-79-80-81-82-83-84-85-86-87	8:33:45	1978
PAUL LEWIS	14	73-74-75-76-77-78-79-80-81-82-83-88-89-90	11:26:32	1979
LOWELL SHOWALTER	14	75-76-77-78-79-80-81-82-83-84-85-86-87-88	8:05:39	1979
SIDNEY ALLEN	13	75-76-77-78-79-80-82-83-84-85-86-88-90	10:46:45	1982
JOE BAUMMER	13	73-74-75-76-77-78-79-80-81-82-83-84-85	9:15:20	1980
DICK GOOD	13	77-79-80-81-82-83-84-85-86-87-88-89-90	8:10:37	1982
DON MCNELLY	13	75-76-77-78-79-80-82-83-84-85-86-89-90	10:49:12	1982
NORM MOYER	13	78-79-80-81-82-83-84-85-86-87-88-89-90	8:52:04	1986
PAUL ROBERTSON	13	75-76-77-78-80-81-82-83-85-86-88-89-90	9:12:13	1977
BILL WHITESSELL	13	78-79-80-81-82-83-84-85-86-87-88-89-90	8:36:35	1981
FRANK BOYER	12	75-76-77-78-79-81-82-83-84-85-86-87	9:35:19	1979
EDDIE GLENN	12	69-70-71-73-74-76-78-81-84-85-87-90	10:13:15	1973
DON HEIMILLER	12	73-75-76-77-78-81-82-83-84-85-86-88	7:52:52	1978
STAN HOLLOWAY	12	79-80-81-82-83-84-85-86-87-88-89-90	9:29:23	1980
SHANE HUTTON	12	69-70-71-72-73-74-78-79-80-83-87-88	10:13:10	1971
BILL LAW	12	72-73-74-75-76-78-79-81-82-83-87-89	8:40:13	1982
EARL MAIN	12	73-79-80-81-82-83-84-85-86-87-88-90	9:21:03	1987
DUANE ROSENBERG	12	77-78-81-82-83-84-85-86-87-88-89-90	8:21:15	1983
KEN SCOTT	12	79-80-81-82-83-84-85-86-87-88-89-90	10:12:38	1981
CAROLYN SHOWALTER	12	78-79-80-82-83-84-85-86-87-88-89-90	7:44:13	1990
CLATER SMITH	12	69-71-72-73-75-76-77-78-79-82-83-86	10:35:10	1976
FRED WANDEL	12	72-73-74-75-76-77-78-79-80-81-82-83	11:32:03	1976
ERNIE WEST	12	72-74-75-76-77-78-79-80-81-82-83-84	10:11:13	1978
JON ACTON	11	75-76-78-79-80-81-82-83-84-85-88	8:56:59	1983
GEORGES AUCHET	11	76-77-79-80-81-82-83-84-87-88-89	10:29:55	1981
PAUL KEPLINGER	11	73-75-76-77-78-79-80-81-82-83-84	10:37:25	1980
BOB LEMMERMANN	11	73-77-78-79-80-81-82-83-84-85-87	13:33:23	1982
HARVEY REISENWEBER	11	75-76-77-78-79-81-82-83-84-85-89	8:52:34	1981
JACK SARGENT	11	79-80-81-82-83-84-85-86-87-88-89	10:23:42	1980
FRANK SCHAEFFER	11	75-77-78-79-80-81-82-83-84-86-87	8:40:03	1983
CARL SETTLEMYER	11	79-80-81-82-83-84-85-86-88-89-90	9:55:57	1983
JIM SMITH	11	76-77-78-80-81-85-86-87-88-89-90	11:28:44	1980
JOE TRASK	11	80-81-82-83-84-85-86-87-88-89-90	8:48:17	1982
JIM CALDWELL	10	77-78-79-80-81-82-83-84-85-86	12:38:12	1982
RON DORN	10	79-80-81-82-83-84-85-86-88-89	10:51:42	1983
JAMES EBBERTS	10	63-64-65-67-69-73-76-77-78-89	7:06:41	1977
GEORGE HARRINGTON	10	80-81-82-83-84-85-86-87-88-89	10:45:46	1981
WOODY HAWKINS	10	73-74-75-76-77-78-79-80-82-83	10:40:45	1975
LEO HENRY	10	67-68-69-73-74-75-76-77-78-79	8:00:36	1973
MITZI HENSCHIED	10	78-79-80-81-82-84-87-88-89-90	8:19:56	1982
JOHN HESS	10	74-77-80-81-82-84-86-87-88-89	6:22:30	1977
GLENN HIGHTOWER	10	75-76-77-79-80-81-82-83-84-85	8:33:06	1982
DAVID HOLLAND	10	81-82-83-84-85-86-87-88-89-90	8:36:06	1983
GENE KLINE	10	75-76-77-78-79-80-86-87-88-89	8:06:00	1980
DENNIS LEWIS	10	74-75-78-79-80-83-86-88-89-90	10:15:09	1989
LING LOUIE	10	70-71-73-74-75-76-77-78-79-80	12:29:17	1975
HAL NIEBEL	10	73-78-79-80-81-82-83-84-85-86	10:51:43	1983
SI REDDICK	10	69-70-71-72-73-74-75-76-77-78	8:38:12	1974
EARL SCOTT	10	81-82-83-84-85-86-87-88-89-90	9:18:21	1990
ROB SOLLENBERGER	10	76-78-79-80-81-83-84-85-88-89	8:04:15	1981
MIKE SPINNLER	10	71-72-73-75-77-82-83-85-87-88	5:53:05	1982
JOHN WALTER	10	77-81-82-83-84-85-86-87-88-89	13:29:13	1982