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November 23, 1996

The Cumberland Valley Athletic Club

Proudly Presents

The 34th Annual John F. Kennedy 50 Mile "America's Ultramarathon"



The Legends Gather — 1971 JFK 50 Mile Champion Elton Horst (right) and '72 victor Park Barner stand near the starting line moments before the 1973 JFK 50 Mile start. Horst's 6:16:42 winning time from 25 years ago simply astounded followers of the sport. The performance knocked a mind-boggling 65 minutes and 43 seconds from the previous JFK 50 Mile course record and a quarter of a century later still only 14 men have been able to run the "JFK" layout faster.

Barner, a multiple world record holder, was generally recognized as the greatest ultramarathoner in the world during the early 1970's. His appearance and subsequent 6:29:57 triumph at the 1972 JFK 50 Mile helped to put the "JFK" on the national running scene. The year following Barner's win some 1,742 entrants started the JFK 50 Mile, a field size that outnumbered the 1973 Boston Marathon.

THE CUMBERLAND VALLEY ATHLETIC CLUB

PROUDLY PRESENTS

THE 34TH ANNUAL JOHN F. KENNEDY 50 MILE

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MARYLAND STATE POLICE
WASHINGTON COUNTY SHERIFF'S DEPARTMENT
THE APPALACHIAN TRAIL CONFERENCE
CHAMBERSBURG ROAD RUNNERS CLUB
GREENCASTLE-ANTRIM RUNNING CLUB
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HAGERSTOWN RUN FOR FUN CLUB
ANTIETAM RADIO ASSOCIATION
HAGERSTOWN REACT

AS WELL AS ALL THE MANY UNSELFISH PRIVATE CITIZENS WHO
VOLUNTEER THEIR TIME YEAR AFTER YEAR TO MAKE THE GREAT
TRADITION OF "AMERICA'S ULTRAMARATHON" POSSIBLE

Welcome JFK 50 "Family",

For you new-comers to the JFK 50 Mile, you may be wondering a bit about the "Family" portion of this greeting. Well for years, many of those associated with the JFK 50 Mile have compared the gathering for the annual Boonsboro-to-Williamsport trek to that of a family re-union.

Three years ago at his JFK Directorship retirement ceremony, William "Buzz" Sawyer -- the JFK 50 Mile founder and director from 1963 through 1992-- was overcome by emotion when he referred to the JFK'ers as "his family". Although I have only been directing the JFK 50 Mile for a small fraction of the time that Buzz served the event, I'm beginning to understand how he could view all those associated with this great event as his "family".

The participants (who after all, are what the JFK is all about), the officials, the volunteers and the many agencies that help coordinate the many intricacies involved in staging a 50 mile point-to-point foot race.....they are all part of this family. Now like any family there will be heated moments that occasionally take place, but the JFK 50 "family" is far from dysfunctional. This family works together in unison towards the one common goal of getting as many entrants as possible safely across the Williamsport finish line with-in the allotted 14-hour time limit.

Welcome back JFK Family. And to you first timers, welcome to the family. Best of luck to everyone.

Sincerely,



Mike Spinnler
JFK 50 Mile Director

P.S. I'd like to pass on a special thank you to the Appalachian Trail Conference for giving the JFK 50 Mile special permission to use the Appalachian Trail even though competitive events are currently prohibited on the resource. I highly encourage anyone who can to make a donation to help maintain this beautiful pathway which has become such a major piece of the JFK 50 Mile tradition. Donations can be made out to: "South Mountain State Park". A special notation of "To benefit the Ridge Runner Program on the Appalachian Trail", should accompany the donation and should be mailed to:

Ranger Daniel P. Spedden
South Mountain Recreation Area
21843 National Pike
Boonsboro, Maryland 21713-9535

ALL-TIME JFK 50 MILE RECORDS

Overall Course Record	5:46:22	Eric Clifton	1994
Women's Course Record	6:50:56	Teri Gerber	1984
Junior Men (19-and-under)	6:16:25	Karsten Schulz	1977
Junior Women (19-and-under)	9:49:58	Valerie Harden	1973
Masters Men (40-and-over)	6:16:20	David Horton	1994
Masters Women (40-and-over)	7:41:13	Sue Medaglia	1979
Senior Men (50-and-over)	6:42:48	Frank Bozanich	1994
Senior Women (50-and-over)	8:47:15	Pat Botts	1995
Veteran Men (60-and-over)	8:18:42	Roland Anspach	1991
Veteran Women (60-and-over)	11:50:03	Burnis Hicks	1973
Super Veteran Men (70-and-over)	10:22:21	Bob Boal	1982
Octogenarian Men (80-and-over)	13:45:57	Carl Llewellyn	1995
Men's Canadian National Record	6:48:04	Chris Kelk	1989
Women's Canadian National Record	7:51:53	Ashley Evans	1992
Washington Co. Men's Record	5:53:05	Michael Spinner	1982
Washington Co. Women's Record	7:08:29	Laura Nelson	1992
Frederick Co. Men's Record	6:49:51	David Lieb	1993
Frederick Co. Women's Record	9:46:07	Barry Salisbury	1990
Most Finishes	27	Mike Adams & Kimball Byron	
Most Finishes by a Woman	17	Carolyn Showalter	
Longest Streak of continuous finishes	26	Cal Mahaney	1970-95
Longest Women's Streak of finishes	14	Carolyn Showalter	1982-85
Most Overall Victories	5	James "Big E" Ebberts	
Most Women's Victories	6	Donna Aycoth & Carolyn Showalter	
Eldest Finisher	Age 80	Carl Llewellyn	1995
Eldest Women's Finisher	Age 62	Burnis Hicks	1973

JFK 50 MILE STATISTICAL DATELINES

YEAR	STARTERS	FINISHERS	PERCENTAGES
1963	11	4	36%
1964	16	7	44%
1965	20	18	90%
1966	59	11	19%
1967	19	12	63% (80 degree temperatures)
1968	36	17	47%
1969	151	40	26%
1970	274	74	27%
1971	589	150	25%
1972	1,075	307	29%
1973	1,724	673	39% (Largest Ultra in U.S. history)
1974	1,355	225	17% (Low 30s and freezing rain)
1975	623	344	55% (JFK switches to fall date)
1976	542	369	68%
1977	483	326	67%
1978	379	293	77%
1979	405	312	77%
1980	367	294	80%
1981	322	269	84%
1982	349	276	79%
1983	355	291	82%
1984	272	234	86%
1985	292	243	83% (Canal a quagmire from flood)
1986	247	198	80%
1987	289	221	76% (w.c.f. of -15 at start)
1988	298	230	77%
1989	351	288	82%
1990	364	312	86%
1991	354	310	88%
1992	353	298	85%
1993	373	330	89%
1994	478	432	90%
1995	555	486	87% (A.T. buried under snow)
1996	-----34th Annual JFK 50 Mile-----		

JFK 50 MILE CHAMPIONS

1963	Steve Cosition, James Ebberts, Rick Miller, Buzz Sawyer	13:10
1964	Steve Cosition, James Ebberts, Wayne Vaughn	12:33
1965	James Ebberts, Elton Horst, Buzz Sawyer	10:39
1966	Kenny Baker, Elton Horst, Buzz Sawyer	10:21
1967	James Ebberts, Buzz Sawyer, Wayne Vaughn	10:03:40
1968	Leo Henry	10:02:12
1969	James Ebberts, Baxter Berryhill	8:32:04
1970	Baxter Berryhill	7:21:25
1971	Elton Horst	6:15:42
1972	Park Barner	6:29:57
1973	Max White	5:55:30
1974	Max White	6:06:19
1975	Angelo Gioiosa	6:27:58
1976	Pat Gill	5:59:28
1977	Ed Ayers	6:04:02
1978	Phil Bishop	6:14:59
1979	Bill Lawder	6:08:54
1980	Dan Brannen	6:14:02
1981	Scott Miller	6:13:56
1982	Michael Spinnler	5:53:05
1983	Michael Spinnler	6:12:12
1984	Jim Pellon	6:18:56
1985	David Horton	6:16:00
1986	Dennis Griffin	6:34:13
1987	Wes Kessenich	6:19:08
1988	Chris Gibson	6:31:06
1989	Chris Gibson	6:16:29
1990	Joe Blackmon	6:15:53
1991	Eric Clifton	6:06:09
1992	Chris Gibson	6:25:39
1993	Chris Gibson	6:35:51
1994	Eric Clifton	5:46:22
1995	Eric Clifton	6:15:36

JFK 50 MILE WOMEN'S CHAMPIONS

1968	Donna Aycoth	10:41:15
1969	Donna Aycoth	9:27:31
1970	Donna Aycoth	9:45:15
1971	Donna Aycoth	9:29:48
1972	Donna Aycoth	9:48:30
1973	Donna Aycoth	8:26:07
1974	Nancy Keplinger	13:48:05
1975	Martha Hauver	10:27:26
1976	Sue Shepherd	9:35:10
1977	Sue Medaglia	8:19:07
1978	Sue Medaglia	7:53:37
1979	Sue Medaglia	7:41:13
1980	Sue Medaglia	7:53:40
1981	Sue Medaglia	8:10:38
1982	Carole Williams	7:28:39
1983	Teri Gerber	6:56:12
1984	Teri Gerber	6:50:56
1985	Carolyn Showalter	7:59:24
1986	Carolyn Showalter	7:48:13
1987	Carolyn Showalter	8:07:49
1988	Carolyn Showalter	7:57:16
1989	Carolyn Showalter	7:52:44
1990	Shelby Hayden-Clifton	7:10:14
1991	Laura Nelson	7:23:19
1992	Laura Nelson	7:08:29
1993	Jennifer Girouard	8:17:09
1994	Carolyn Showalter	7:58:15
1995	Janice Anderson	7:40:54

JFK 50 MILE CHAMPIONS

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1983	Michael Spinnler	6:12:12
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1994	Eric Clifton	5:46:22
1995	Eric Clifton	6:15:36

JFK 50 MILE ALL-TIME TOP 20 PERFORMERS

1.	Eric Clifton	5:46:22	1994
2.	Michael Spinnler	5:53:05	1982
3.	Max White	5:55:30	1973
4.	Carl Anderson	5:58:15	1994
5.	Paul Jost	5:59:12	1994
6.	Pat Gill	5:59:28	1976
7.	Bill Lawder	6:03:51	1982
8.	Ed Ayers	6:04:02	1977
9.	Eric Rappold	6:07:52	1994
10.	Michael Morton	6:08:56	1994
11.	Rick Warren	6:12:20	1973
12.	Scott Miller	6:13:56	1981
13.	Dan Brannen	6:14:02	1980
14.	Phil Bishop	6:14:59	1978
15.	Elton Horst	6:15:42	1971
16.	Joe Blackmon	6:15:53	1990
17.	David Horton	6:16:00	1985
18.	Karsten Schulz	6:16:25	1977
19.	Chris Gibson	6:16:29	1989
20.	Bruce Nystrom	6:17:44	1979

JFK 50 MILE WOMEN'S ALL-TIME TOP 20 PERFORMERS

1.	Teri Gerber	6:50:56	1984
2.	Laura Nelson	7:08:29	1992
3.	Shelby Hayden-Clifton	7:10:14	1990
4.	Carole Williams	7:28:39	1982
5.	Randi Bromka	7:30:30	1990
6.	Lorraine Gersitz	7:36:17	1991
7.	Carolyn Showalter	7:38:00	1991
8.	Mary Hanudel	7:40:36	1983
9.	Janice Anderson	7:40:54	1995
10.	Sue Medaglia	7:41:13	1979
11.	Pat O'Brien	7:47:34	1984
12.	Bridget Brunnick	7:50:53	1995
13.	Ashley Evans	7:51:53	1992
14.	Rebekah Trittipoe	8:00:38	1995
15.	Laura Perry	8:05:29	1986
16.	Margarete Deckert	8:11:29	1982
17.	Teresa Moats	8:14:06	1994
18.	Jennifer Girouard	8:17:09	1993
19.	Suzanne Gagnon	8:19:29	1995
20.	Mitzi Henschel	8:19:56	1982

TOP 20 PERFORMANCES IN JFK 50 MILE HISTORY

1.	Eric Clifton	5:46:22	1994
2.	Michael Spinaler	5:53:05	1982
3.	Max White	5:55:30	1973
4.	Carl Anderson	5:58:16	1994
5.	Paul Jost	5:59:12	1982
6.	Pat Gill	5:59:28	1976
7.	Bill Lawder	6:03:51	1982
8.	Ed Ayers	6:04:01	1977
9.	Clifton	6:06:09	1991
10.	White	6:06:19	1974
11.	Eric Rappold	6:07:52	1994
12.	Lawder	6:08:54	1979
13.	Michael Morton	6:08:56	1994
14.	Spinner	6:12:12	1983
15.	Rick Warren	6:12:20	1973
16.	Scott Miller	6:13:56	1981
17.	Dan Brannen	6:14:02	1980
18.	Phil Bishop	6:14:59	1978
19.	Clifton	6:15:36	1995
20.	Elton Horst	6:15:42	1971

TOP 20 WOMEN'S PERFORMANCES IN JFK 50 MILE HISTORY

1.	Teri Gerber	6:50:56	1984
2.	Gerber	6:56:12	1982
3.	Laura Nelson	7:08:29	1992
4.	Shelby Hayden-Clifton	7:10:14	1990
5.	Nelson	7:23:19	1991
6.	Carole Williams	7:28:39	1982
7.	Randi Bromka	7:30:30	1990
8.	Lorraine Gersitz	7:36:17	1991
9.	Carolyn Showalter	7:38:00	1991
10.	Nelson	7:39:36	1990
11.	Mary Hanudel	7:40:36	1983
12.	Janice Anderson	7:40:54	1995
13.	Sue Medaglia	7:41:13	1979
14.	Showalter	7:44:13	1990
15.	Showalter	7:46:04	1992
16.	Pat O'Brien	7:47:34	1984
17.	Showalter	7:48:13	1986
18.	Bridget Brunnick	7:50:53	1995
19.	Ashley Evans	7:51:53	1992
20.	Showalter	7:52:44	1989

FINISHERS IN FOUR DECADES

Kim Byron	Mike Adams	Ed Glenn
1960's - 2	1960's - 2	1960's - 1
1970's - 10	1970's - 9	1970's - 6
1980's - 9	1980's - 10	1980's - 4
1990's - 6	1990's - 6	1990's - 2

Shane Hutton	James Ebberts
1960's - 1	1960's - 5
1970's - 7	1970's - 4
1980's - 4	1980's - 1
1990's - 1	1990's - 2

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Tom Whitesell
Hugh Williams



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"STREAKERS" (THE BARE FACTS)
 Finishers For 10 Or More Consecutive Years

26 Years:	Cal Mahaney	(1970 -)
25 Years:	Mike Adams	(1971 -)
22 Years:	Bob Henscheid	(1974 -)
19 Years:	Byron McNelly	(1977 -)
18 Years:	Norm Moyer	(1978 -)
	Bill Whitesell	(1978 -)
17 Years:	Dick Good	(1979 -)
	Stan Holloway	(1979 -)
	Everett Marsh	(1975 - 1991)
	Ken Scott	(1979 -)
16 Years:	* Kim Byron	(1968 - 1983)
	Fred Schumacher	(1980 -)
15 Years:	David Holland	(1981 -)
	Duane Rosenberg	(1981 -)
14 Years:	Paul Betker	(1982 -)
	Carl Cornett	(1972 - 1985)
	Denny Evans	(1977 - 1990)
	Randy Howard	(1974 - 1987)
	Carolyn Showalter	(1982 -)
	Lowell Showalter	(1975 - 1988)
	Jim Wahl	(1982 -)
13 Years:	Joe Baummer	(1973 - 1985)
	Anstr Davidson	(1983 -)
	Don West	(1974 - 1986)
12 Years:	Pete Coffin	(1984 -)
	Joe Trask	(1980 - 1991)
	Fred Wandel	(1972 - 1983)
11 Years:	* Kim Byron	(1985 -)
	Gene Cassell	(1985 -)
	John Gilroy	(1982 - 1992)
	Paul Lewis	(1973 - 1983)
	David Powell	(1982 - 1992)
	Jack Sargent	(1979 - 1989)
	Earl Scott	(1981 - 1991)
	Ernie West	(1974 - 1984)
10 Years:	Jim Caldwell	(1977 - 1986)
	Gene Denton	(1986 -)
	Roy Elder	(1986 -)
	George Harrington	(1980 - 1989)
	Paul Replinger	(1975 - 1984)
	Earl Main	(1979 - 1988)
	Si Reddick	(1969 - 1978)

* First to achieve two separate streaks of 10 or more years

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16 Years:	* Kim Byron	(1968 - 1983)
	Fred Schumacher	(1980 -)
15 Years:	David Holland	(1981 -)
	Duane Rosenberg	(1981 -)
14 Years:	Paul Betker	(1982 -)
	Carl Cornett	(1972 - 1985)
	Denny Evans	(1977 - 1990)
	Randy Howard	(1974 - 1987)
	Carolyn Showalter	(1982 -)
	Lowell Showalter	(1975 - 1988)
	Jim Wahl	(1982 -)
13 Years:	Joe Baummer	(1973 - 1985)
	Anstr Davidson	(1983 -)
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12 Years:	Pete Coffin	(1984 -)
	Joe Trask	(1980 - 1991)
	Fred Wandel	(1972 - 1983)
11 Years:	* Kim Byron	(1985 -)
	Gene Cassell	(1985 -)
	John Gilroy	(1982 - 1992)
	Paul Lewis	(1973 - 1983)
	David Powell	(1982 - 1992)
	Jack Sargent	(1979 - 1989)
	Earl Scott	(1981 - 1991)
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	Roy Elder	(1986 -)
	George Harrington	(1980 - 1989)
	Paul Keplinger	(1975 - 1984)
	Earl Main	(1979 - 1988)
	Si Reddick	(1969 - 1978)

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"FOUR SCORE"
(JFK 50 Official Finishes by Athletes age 80-or-over)

Carl Llewellyn	Age 80	1995	13:45:57
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Despite a treacherous snow covered course in 1995, Carl Llewellyn became the first athlete in the 33 year history of the JFK 50 to finish the race at age 80 (80 years 5 months).

"THREE SCORE AND TEN"
(JFK 50 Official Finishes by Athletes age 70-79)

John Newdorp	Age 70	1980	11:41:40
Joe Kravinsky	Age 70	1981	12:07:15
	Age 71	1982	13:45:37
	Age 72	1983	13:21:06
Bob Boal	Age 70	1982	10:22:21
Fred Wandel	Age 70	1982	13:22:51
	Age 71	1983	13:25:40
Everett Marsh	Age 70	1985	13:05:30
	Age 71	1986	13:36:49
	Age 72	1987	13:26:56
	Age 73	1988	13:49:08
	Age 74	1989	13:25:48
	Age 75	1990	13:52:11
	Age 76	1991	13:51:50
Don McNelly	Age 70	1990	13:09:03
John Lewis	Age 70	1991	12:21:37
George Cunningham	Age 71	1991	12:38:01
Howard Henry	Age 71	1992	12:15:29
	Age 72	1993	13:12:43
Carl Llewellyn	Age 77	1992	13:24:41
	Age 79	1994	13:56:08
Don West	Age 70	1994	13:49:15

1250-MILE CLUB

(3 Members)

Mike Adams 27 Finishes Best Time: 6:42:34 1979
1965-69-71-72-73-74-75-76-77-78-79-80-81-82-83-84-85-86-87-88-89-90-91-92-93-94-95

Kim Byron 27 Finishes Best Time: 8:29:59 1988
1968-69-70-71-72-73-74-75-76-77-78-79-80-81-82-83-85-86-87-88-89-90-91-92-93-94-95

Cal Mahaney 26 Finishes Best Time: 9:24:35 1982
1970-71-72-73-74-75-76-77-78-79-80-81-82-83-84-85-86-87-88-89-90-91-92-93-94-95

1000-MILE CLUB

(3 Members)

Bob Henscheid 22 Finishes Best Time: 8:02:47 1980
1974-75-76-77-78-79-80-81-82-83-84-85-86-87-88-89-90-91-92-93-94-95

Fred Schumacher 21 Finishes Best Time: 9:57:14 1984
1974-75-76-77-78-80-81-82-83-84-85-86-87-88-89-90-91-92-93-94-95

Byron McNelly 20 Finishes Best Time: 9:53:52 1977
1975-77-78-79-80-81-82-83-84-85-86-87-88-89-90-91-92-93-94-95

750-MILE CLUB

(19 Members)

	<u>JFK 50's</u> <u>FINISHED</u>	<u>YEARS</u>	<u>BEST TIME</u>
Carl Cornett	19	72-73-74-75-76-77-78-79-80-81-82-83-84-85-87-88-89-90-91	8:32:10 1985
Don West	18	74-75-76-77-78-79-80-81-82-83-84-85-86-88-89-91-93-94	12:58:47 1975
Dick Good	18	77-79-80-81-82-83-84-85-86-87-88-89-90-91-92-93-94-95	8:10:37 1982
Norm Moyer	18	78-79-80-81-82-83-84-85-86-87-88-89-90-91-92-93-94-95	8:52:04 1986
Lowell Showalter	18	75-76-77-78-79-80-81-82-83-84-85-86-87-88-92-93-94-95	8:05:39 1979
Bill Whitesell	18	78-79-80-81-82-83-84-85-86-87-88-89-90-91-92-93-94-95	8:36:35 1981
Sidney Allen	17	75-76-77-78-79-80-82-83-84-85-86-88-90-91-92-93-94	10:46:46 1982
Everett Marsh	17	75-76-77-78-79-80-81-82-83-84-85-86-87-88-89-90-91	12:29:16 1981
Stan Holloway	17	79-80-81-82-83-84-85-86-87-88-89-90-91-92-93-94-95	9:29:23 1980
Duane Rosenberg	17	77-78-81-82-83-84-85-86-87-88-89-90-91-92-93-94-95	8:21:15 1983
Ken Scott	17	79-80-81-82-83-84-85-86-87-88-89-90-91-92-93-94-95	10:12:38 1981
Carolyn Showalter	17	78-79-80-82-83-84-85-86-87-88-89-90-91-92-93-94-95	7:38:00 1991
Carl Settlemyer	16	79-80-81-82-83-84-85-86-88-89-90-91-92-93-94-95	9:55:57 1983
Denny Evans	15	73-77-78-79-80-81-82-83-84-85-86-87-88-89-90	9:17:02 1979
Mitzi Henscheid	15	78-79-80-81-82-84-87-88-89-90-91-92-93-94-95	8:19:56 1982
David Holland	15	81-82-83-84-85-86-87-88-89-90-91-92-93-94-95	8:36:06 1983
Randy Howard	15	74-75-76-77-78-79-80-81-82-83-84-85-86-87-91	8:33:45 1978
Jim Lewis	15	72-73-74-75-76-77-78-79-81-82-83-84-85-87-88	11:08:35 1977
Paul Lewis	15	73-74-75-76-77-78-79-80-81-82-83-88-89-90-91	11:26:32 1979

500-MILE CLUB

(72 Members)

	<u>JFK 50's</u>	<u>YEARS</u>	<u>BEST TIME</u>	
	<u>FINISHED</u>			
Georges Auchet	14	76-77-79-80-81-82-83-84-87-88-89-91-94-95	10:29:55	1981
Paul Betker	14	82-83-84-85-86-87-88-89-90-91-92-93-94-95	8:39:31	1991
Bill Law	14	72-73-74-75-76-78-79-81-82-83-87-89-93-94	8:40:13	1982
Earl Scott	14	81-82-83-84-85-86-87-88-89-90-91-93-94-95	9:18:21	1990
Jim Wahl	14	82-83-84-85-86-87-88-89-90-91-92-93-94-95	9:47:38	1985
Joe Baummer	13	73-74-75-76-77-78-79-80-81-82-83-84-85	9:15:20	1980
Grant Baxter	13	82-83-84-85-86-87-88-89-91-92-93-94-95	7:40:53	1986
Anstr Davidson	13	83-84-85-86-87-88-89-90-91-92-93-94-95	8:30:48	1989
Eddie Glenn	13	89-70-71-73-74-76-78-81-84-85-87-90-93	10:13:15	1973
Bob Greenspun	13	76-77-79-81-82-83-86-89-90-91-92-94-95	10:37:02	1977
Don Heimiller	13	73-75-76-77-78-81-82-83-84-86-88-91	7:52:52	1978
David Horton	13	79-80-82-84-85-88-89-90-91-92-93-94-95	8:16:00	1985
Shane Hutton	13	69-70-71-72-73-74-78-79-80-83-87-88-93	10:08:09	1993
Dan Knox	13	81-82-84-85-86-87-89-90-91-92-93-94-95	8:38:58	1994
El Levri	13	78-79-80-81-82-83-84-85-91-92-93-94-95	7:52:34	1984
Don McNelly	13	75-76-77-78-79-80-82-83-84-85-86-89-90	10:49:12	1982
Paul Robertson	13	75-76-77-78-80-81-82-83-85-86-88-89-90	9:12:13	1977
Rob Sollenberger	13	76-78-79-80-81-83-84-85-88-89-92-94-95	8:04:16	1981
Jack Spinnier	13	71-72-73-76-77-88-89-90-91-92-93-94-95	11:24:28	1989
Joe Trask	13	80-81-82-83-84-85-86-87-88-89-90-91-95	8:48:17	1982
John Walter	13	77-81-82-83-84-85-86-87-88-89-92-93-94	13:29:13	1982
Jon Acton	12	75-76-78-79-80-81-82-83-84-85-88-91	8:56:59	1983
Frank Boyer	12	75-76-77-78-79-81-82-83-84-85-86-87	9:35:19	1979
Pete Coffin	12	84-85-86-87-88-89-90-91-92-93-94-95	10:34:49	1984
James Ebberts	12	63-64-65-67-69-73-76-77-78-89-94-95	7:06:41	1977
Paul French	12	83-84-85-86-87-88-90-91-92-93-94-95	6:44:43	1992
George Harrington	12	80-81-82-83-84-85-86-87-88-89-91-95	10:45:46	1981
Earl Main	12	73-79-80-81-82-83-84-85-86-87-88-90	9:21:03	1987
Al Montgomery	12	80-81-82-83-87-88-89-90-91-92-94-95	7:22:46	1991
Harvey Relsenweber	12	75-76-77-78-79-81-82-83-84-85-89-95	8:52:34	1981
Jack Sargent	12	79-80-81-82-83-84-85-86-87-88-89-93	10:23:42	1980
Clater Smith	12	69-71-72-73-75-76-77-78-79-82-83-86	10:35:10	1976
Jim Smith	12	76-77-78-80-81-85-86-87-88-89-90-91	11:28:44	1980
Albert Tyree	12	82-83-84-86-87-88-89-90-91-92-93-94	11:07:43	1988
Fred Wandel	12	72-73-74-75-76-77-78-79-80-81-82-83	11:32:03	1976
Jo Wells	12	83-84-85-87-88-89-90-91-92-93-94-95	8:57:22	1985
Ernie West	12	72-74-75-76-77-78-79-80-81-82-83-84	10:11:13	1978
Bob Blair	11	79-80-83-87-88-89-90-91-92-93-95	9:48:17	1987
Bob Blakemore	11	77-79-80-81-83-84-91-92-93-94-95	8:34:10	1991
Gene Cassell	11	85-86-87-88-89-90-91-92-93-94-95	8:11:14	1993
Doug Day	11	84-85-86-87-89-90-91-92-93-94-95	7:37:28	1989
John Gilroy	11	82-83-84-85-86-87-88-89-90-91-92	9:38:48	1986
Keith Harvey	11	76-78-79-82-83-84-85-86-87-91-94	8:42:28	1982
John Hess	11	74-77-80-81-82-84-86-87-88-89-91	6:22:30	1977
Paul Keplinger	11	73-75-76-77-78-79-80-81-82-83-84	10:37:25	1980
Bob Lemmermann	11	73-77-78-79-80-81-82-83-84-85-87	13:33:23	1982
David Powell	11	82-83-84-85-86-87-88-89-90-91-92	7:42:26	1989
Frank Schaeffer	11	75-77-78-79-80-81-82-83-84-86-87	8:40:03	1983
Greg Seidl	11	84-85-87-88-89-90-91-92-93-94-95	10:50:33	1993
Janet Whitesell	11	82-84-86-87-88-89-90-92-93-94-95	10:27:32	1989

500-MILE CLUB (Continued)

	<u>JFK 50's</u>	<u>YEARS</u>	<u>BEST TIME</u>	
	<u>FINISHED</u>			
Jim Borgstrom	10	83-87-88-89-90-91-92-93-94-95	9:35:59	1987
Jim Caldwell	10	77-78-79-80-81-82-83-84-85-86	12:38:12	1982
John Casteras	10	83-84-85-86-87-89-90-91-92-94	10:29:41	1985
Gene Denton	10	86-87-88-89-90-91-92-93-94-95	10:37:01	1990
Ron Dorn	10	79-80-81-82-83-84-85-86-88-89	10:51:42	1983
Roy Elder	10	86-87-88-89-90-91-92-93-94-95	9:24:08	1990
Woody Hawkins	10	73-74-75-76-77-78-79-80-82-83	10:40:45	1975
Leo Henry	10	67-68-69-73-74-75-76-77-78-79	8:00:36	1973
Bob Hickey	10	80-81-82-83-84-85-86-88-89-91	12:29:17	1986
Glenn Hightower	10	76-76-77-79-80-81-82-83-84-85	8:33:06	1982
John Kendall	10	75-76-78-81-82-86-87-93-94-95	7:24:57	1975
Gene Kline	10	75-76-77-78-79-80-86-87-88-89	8:06:00	1980
Felix LeBlanc	10	80-87-88-89-90-91-92-93-94-95	9:10:57	1980
Dennis Lewis	10	74-75-78-79-80-83-86-88-89-90	10:15:09	1989
Ling Louie	10	70-71-73-74-75-76-77-78-79-80	12:29:17	1975
Hal Niebel	10	73-78-79-80-81-82-83-84-85-86	10:51:43	1983
Dave Rarity	10	73-74-76-77-81-85-88-91-93-94	9:12:54	1977
Si Reddick	10	69-70-71-72-73-74-75-76-77-78	8:38:12	1974
Joe Robeson	10	80-82-84-85-86-87-88-90-91-92	9:40:46	1991
Les Smith	10	80-82-85-86-87-88-91-92-93-95	8:33:52	1988
Tom Smith	10	81-82-83-87-88-89-90-92-93-95	8:34:11	1992
Mike Spinnler	10	71-72-73-75-77-82-83-85-87-88	5:53:05	1982



250 MILE CLUB
(250 Members)

	<u>JFK 50's</u> <u>FINISHED</u>	<u>YEARS</u>	<u>BEST TIME</u>	
Dave Downin	9	87-88-89-90-91-92-93-94-95	8:30:43	1994
Dave Frye	9	71-72-73-74-75-76-77-78-79	7:34:28	1979
Jess Héroux	9	86-87-88-89-90-91-92-94-95	8:30:23	1986
Dennis Herr	9	82-83-84-85-86-87-89-90-95	6:38:43	1986
David Janosko	9	83-85-86-89-90-91-92-94-95	9:13:15	1986
Bob Johnson	9	82-83-84-85-87-88-89-91-92	8:13:54	1982
John Kenul	9	72-73-78-79-88-90-91-93-94	9:46:19	1973
Al Marcy	9	77-80-81-82-83-84-85-88-89	6:54:18	1982
Mark Parkhurst	9	77-78-81-82-83-89-92-94-95	8:33:26	1982
Dale Rhoderick	9	83-84-85-86-87-92-93-94-95	8:50:57	1986
Mike Robertson	9	84-85-86-88-89-91-93-94-95	7:35:50	1991
Mike Stallsmith	9	83-84-86-87-88-89-91-92-94	7:27:16	1992
Dick Allen	8	70-73-74-82-83-84-85-88	10:41:47	1974
Phil Anderson	8	87-88-89-90-91-92-94-95	8:20:35	1989
Bill Behnen	8	88-89-90-91-92-93-94-95	12:32:22	1989
Mike Boyer	8	77-78-79-80-81-83-84-85	7:59:46	1978
Steve Bozeman	8	83-88-89-91-92-93-94-95	8:18:21	1983
Sue Briers	8	87-88-90-91-92-93-94-95	8:37:34	1991
Dick Burgee	8	72-73-74-75-76-77-78-82	8:48:55	1977
Mel Cowgill	8	81-82-83-84-85-87-92-93	7:52:59	1982
Frank Dolen	8	83-85-87-88-89-90-94-95	9:46:43	1985
Tom Farney	8	88-89-90-91-92-93-94-95	12:04:02	1989
Chuck Fitz	8	69-71-73-74-75-76-78-79	8:25:29	1976
Barbara Garner	8	77-78-79-80-81-84-85-91	11:48:22	1984
Bob Gralley	8	74-75-76-77-78-79-81-83	8:27:24	1983
Tom Green	8	85-86-88-89-90-91-92-95	7:33:49	1988
Pat High	8	77-78-80-81-82-83-84-85	6:41:33	1982
Al Kossow	8	73-75-76-77-78-80-81-82	8:28:00	1981
Joe Kravinsky	8	75-76-77-78-79-81-82-83	11:28:14	1978
Rich Lorey	8	77-78-79-80-82-84-85-88	8:50:59	1980
Norman Marquess	8	75-76-77-78-79-80-81-85	11:28:49	1981
Peter Monahan	8	75-76-77-79-84-85-89-91	6:28:59	1977
Art Moore	8	85-86-87-88-90-92-94-95	7:40:46	1985
Jim Moore	8	88-89-90-91-92-93-94-95	9:42:21	1989
Jean Phillips	8	76-77-78-79-80-81-82-83	11:27:37	1979
Frank Probst	8	88-89-90-91-92-93-94-95	7:51:58	1993
Bobby Redmon	8	77-78-83-85-87-88-92-93	8:33:05	1978
Dennis Simmons	8	80-85-87-91-92-93-94-95	9:58:59	1993
Chuck Terwoord	8	80-81-84-86-87-89-90-91	7:41:44	1984
Roy Thompson, Jr.	8	76-77-79-80-81-82-83-85	8:06:21	1982
Buzz Sawyer	8	63-65-66-67-68-70-93-94	8:53:15	1970
Frank Verdi	8	78-79-80-81-82-83-84-85	11:43:28	1985
Bill Wandel	8	84-85-86-89-90-93-94-95	9:49:34	1986
Tom Winter, Jr.	8	74-76-77-78-79-81-82-83	9:10:03	1982
Ron Young	8	70-71-72-73-74-75-76-77	10:28:30	1973

250 MILE CLUB (continued)

	<u>JFK 50's</u>	<u>YEARS</u>	<u>BEST TIME</u>	
	<u>FINISHED</u>			
Sam Alspach	7	81-82-83-85-91-93-94	9:14:32	1985
Donna Aycoth	7	68-69-70-71-72-73-87	8:26:07	1973
Tim Beaty	7	88-89-90-91-93-94-95	9:19:15	1989
Dave Benford	7	79-80-81-86-87-89-93	6:28:06	1981
Leon Bierbower	7	75-78-81-85-91-94-95	8:36:05	1981
Pat Botte	7	88-89-90-91-92-93-95	8:39:11	1989
Ron Bowman	7	84-88-89-90-91-92-94	9:07:26	1989
Bruce Boyd	7	79-80-81-82-83-84-85	8:12:58	1982
Bob Bridges	7	81-82-83-84-85-86-87	9:38:11	1987
Goodloe Byron	7	67-69-70-71-72-73-75	10:13:10	1971
Larry Clement	7	80-81-82-84-85-86-87	8:14:53	1982
Andrew Convery	7	81-82-83-85-86-87-88	9:59:14	1983
Des Crow	7	87-88-89-90-91-92-93	9:33:14	1989
Roger Davis	7	77-85-86-87-89-90-91	9:08:12	1986
Alec Evans	7	73-75-77-78-79-81-82	10:41:03	1978
Jay Frantz	7	75-76-77-78-79-80-83	8:41:50	1977
Everett Frizzell	7	89-90-91-92-93-94-95	11:04:13	1992
Jeff Gaff	7	86-87-88-89-91-92-95	7:15:07	1987
Chris Gibson	7	84-88-89-90-92-93-95	6:16:29	1989
Howard Henry	7	78-79-88-89-90-92-93	9:55:41	1978
Randy Herbert	7	84-85-86-89-90-92-93	11:20:48	1989
Jeff Hinte	7	87-88-90-91-92-93-94	6:48:50	1991
Ingrid Honzak	7	88-89-90-91-92-94-95	8:23:30	1994
Ted Hurley	7	83-84-85-86-87-88-89	11:06:41	1985
King Jordan	7	87-88-89-91-92-94-95	7:43:36	1991
Lanny Knight	7	72-73-75-76-77-81-87	7:31:36	1977
Bill Lawder	7	77-78-79-80-81-82-87	8:03:51	1982
Carl Llewellyn	7	70-71-72-73-92-94-95	9:20:41	1973
Ernie Medaglia	7	75-76-77-78-79-80-81	8:06:56	1978
Terry Murray	7	84-88-89-90-91-94-95	9:31:04	1990
Ed Poling	7	84-85-86-87-92-94-95	8:55:01	1994
Cor Potna	7	84-85-86-88-93-94-95	7:32:09	1986
Bruce Purdy	7	88-90-91-92-93-94-95	8:27:53	1988
Nick Rosato	7	77-78-79-80-81-89-90	9:49:42	1980
Carroll Scott	7	78-80-81-82-83-84-86	8:16:38	1982
Carter Sherline	7	89-90-91-92-93-94-95	9:03:25	1990
Lloyd Storm	7	84-85-86-88-91-93-95	9:07:14	1991
Nancy Waddington	7	81-82-83-88-90-93-95	11:04:29	1988
Dan Wagner	7	72-74-78-80-81-82-83	9:24:54	1980
Guy Whidden	7	65-66-67-68-69-70-71	10:46:35	1970
Tom Whitesell	7	69-70-72-75-76-77-83	10:27:27	1970
Larry Whiting	7	89-90-91-92-93-94-95	9:27:32	1992
Howard Williams	7	75-76-77-78-80-83-84	11:35:09	1978
Martin Yecies	7	86-87-88-90-92-93-94	8:37:18	1988

250 MILE CLUB (continued)

	<u>JFK 50's</u> <u>FINISHED</u>	<u>YEARS</u>	<u>BEST TIME</u>	
David Balfour	6	79-81-82-83-84-88	8:09:21	1981
Bill Beydler	6	76-80-82-84-85-91	10:01:24	1980
Ed Boggess	6	89-90-91-92-94-95	6:25:58	1989
Steve Boutilier	6	88-89-90-91-92-94	7:51:16	1989
Doug Bryce	6	90-91-92-93-94-95	9:46:56	1994
Joe Butchko	6	73-75-76-77-78-82	7:48:43	1977
Augie Cortez	6	86-88-89-90-91-94	8:47:21	1988
Jerry Crump	6	88-89-90-93-94-95	11:23:40	1988
Doug Davis	6	90-91-92-93-94-95	10:08:09	1994
Jeff Denius	6	85-86-87-88-89-90	9:37:03	1989
Larry Dickerson	6	72-73-76-77-78-79	8:57:32	1979
Jerry Dudeck	6	90-91-92-93-94-95	8:02:57	1992
Tom Ebberts	6	89-91-92-93-94-95	11:15:31	1994
Jon Eckardt	6	85-87-88-90-91-94	7:59:51	1981
Tom Ficklin	6	89-90-91-92-93-94	7:58:33	1991
Paul Goldenberg	6	90-91-92-93-94-95	10:46:37	1992
Larry Grossman	6	83-85-87-90-91-93	8:51:43	1991
Gary Guardia	6	77-78-79-80-81-82	9:00:52	1981
Bob Harris	6	90-91-92-93-94-95	7:46:31	1992
Gary Hastings	6	80-81-82-83-84-85	7:26:16	1982
Ed Hruneni	6	73-74-75-76-77-83	8:24:11	1983
Brock Hutton	6	70-71-72-73-83-88	10:13:21	1972
John "J.J." Jackson	6	85-86-89-90-94-95	10:49:10	1989
Chris Kelk	6	85-86-87-89-91-92	6:48:04	1989
Paul Kelly	6	88-89-90-91-93-94	8:42:36	1991
Stan Krueger	6	80-83-84-85-86-87	11:57:05	1986
John Kurt	6	73-74-75-76-77-78	9:51:23	1976
Ken Laverick	6	82-83-84-85-86-87	7:31:11	1984
Joe Lederle	6	76-77-79-85-90-96	9:06:50	1977
John Lewis	6	77-80-86-89-90-91	10:35:47	1986
John Malach	6	74-80-81-82-83-84	9:25:10	1984
Delma Miller	6	82-83-84-87-92-93	10:55:57	1993
Bill Murray	6	76-80-81-84-85-86	9:11:43	1984
Jim Myerjack	6	79-80-81-83-84-85	9:21:35	1981
Denny Myers	6	73-75-76-81-82-83	7:57:00	1983
Tom Newnam	6	82-90-91-92-93-94	8:24:09	1982
Blake Norwood	6	90-91-92-93-94-95	9:23:13	1990
Robert Pastrana	6	79-80-82-83-85-87	10:04:55	1985
Larry Pereschuk	6	73-77-78-79-80-83	11:47:24	1980
Mike Price	6	81-82-83-84-85-86	7:26:59	1983
John Price	6	87-88-89-90-91-93	7:32:10	1990
Zane Reddick	6	72-73-75-76-77-78	11:13:02	1976
Rod Runacres	6	82-83-84-91-93-95	8:42:29	1984
Bob Schlosser	6	88-89-90-91-92-94	8:30:57	1991
Rick Schneider	6	88-89-91-92-93-94	7:02:23	1992
Sam Seibert	6	82-83-84-87-93-94	7:51:56	1984
Dennis Shackley	6	82-83-87-89-92-93	9:04:03	1983
Roy Taylor	6	76-77-78-79-80-81	10:30:35	1981
Bill Turrentine	6	87-89-90-93-94-95	8:03:44	1990
Steve Vaughan	6	78-79-80-81-82-83	8:42:28	1979
Wayne Vaughn	6	64-65-67-68-69-72	7:12:02	1972
Don Waddington	6	80-81-82-83-84-86	8:23:17	1982
Kathy Watern	6	89-90-91-92-93-95	9:45:19	1990

250 MILE CLUB (continued)

	<u>JFK 50's</u>	<u>YEARS</u>	<u>BEST TIME</u>	
	<u>FINISHED</u>			
Rob Apple	5	91-92-93-94-95	9:46:52	1993
Jerry Agin	5	89-90-91-92-93	8:13:28	1992
Roland Anspach	5	89-90-91-92-93	8:18:42	1991
Park Barner	5	72-73-74-75-76	6:23:53	1973
Jim Becker	5	87-90-92-93-95	8:03:20	1993
Dave Bergman	5	71-72-73-74-77	9:11:34	1972
Phil Bishop	5	77-78-79-81-82	6:14:59	1978
Mike Burke	5	73-74-75-76-80	9:18:47	1980
Roger Burkhardt	5	78-79-81-89-92	10:40:39	1981
Bruce Burnside	5	71-72-73-75-76	10:44:15	1973
Rick Busch	5	70-71-73-75-76	10:24:07	1975
Paul Butchko	5	74-75-76-77-81	7:20:44	1977
Tim Caldwell	5	79-80-81-82-83	11:33:06	1983
Larry Campbell	5	73-77-78-79-80	13:11:03	1977
Ray Campbell	5	82-88-93-94-96	11:05:22	1988
Art Carey	5	71-72-73-74-76	9:04:20	1971
Mike Carrier	5	82-83-84-87-89	8:42:40	1984
Sam Case	5	81-82-83-91-92	10:53:47	1981
Norm Christensen	5	73-75-76-77-78	9:21:52	1977
Eric Clifton	5	90-91-93-94-95	5:48:22	1994
Roger Clark	5	80-81-84-89-91	9:24:23	1984
George Cunningham	5	84-85-86-89-91	10:36:31	1985
Mike Davis	5	91-92-93-94-95	9:13:35	1993
Bob Detrow	5	76-77-78-80-85	10:30:40	1985
Alan Firth	5	84-85-86-91-92	11:58:03	1986
Ed Foley	5	78-79-81-82-83	6:31:36	1982
Doc Gallagher	5	87-88-89-93-95	8:30:43	1993
Jim Godville	5	88-89-90-91-92	7:39:51	1990
John Gonzales	5	85-86-87-91-92	8:41:33	1986
Howell Griswold	5	73-74-75-76-77	12:43:56	1977
Joe Hall	5	75-76-82-83-84	9:56:19	1984
Allen Hansen	5	86-87-91-92-93	9:28:19	1993
Jerri Hardin	5	89-90-91-93-95	11:45:32	1990
Ed Hart	5	87-89-90-91-92	10:09:26	1990
Martha Hauver	5	69-71-72-73-75	10:27:26	1975
Eddie Hayden	5	75-76-77-78-79	7:31:23	1977
Mike High	5	77-78-79-80-85	7:55:31	1980
John Hoover	5	76-78-79-80-81	9:36:09	1981
Fordan Hughes	5	71-72-73-75-76	11:21:17	1976
Cliff Izer	5	77-78-80-82-89	9:11:55	1982
Evan James	5	90-91-92-93-94	8:58:12	1992
Dale Jordan	5	89-90-91-92-94	8:22:38	1994
Nancy Keplinger	5	73-74-75-77-78	11:48:20	1975
Ken Klein	5	90-92-93-94-95	8:53:45	1990
Dave Knode	5	70-71-75-76-77	8:56:43	1977
Bob Koehl	5	83-89-92-93-94	9:25:59	1983
Joe Lancaster	5	80-82-83-86-89	7:18:30	1982
Ron Lariviere	5	84-85-87-88-89	8:06:00	1984

250 MILE CLUB (continued)

	<u>JFK 50's</u> <u>FINISHED</u>	<u>YEARS</u>	<u>BEST TIME</u>	
Gil Martin	5	71-72-73-74-75	9:04:34	1975
Wes Mathews	5	74-75-76-77-80	9:12:53	1977
Barbara Matthai	5	72-73-75-76-77	10:33:21	1977
John Mazur	5	91-92-93-94-95	8:26:41	1995
Sue Medaglia	5	77-78-79-80-81	7:41:13	1979
Dan Merrick	5	88-89-90-93-94	10:43:07	1988
Joe Milancewich	5	88-90-91-92-93	10:17:14	1990
Jim Moe	5	73-74-79-83-84	9:26:41	1983
Rebecca Moore	5	91-92-93-94-95	13:25:28	1992
Jim Mortenson	5	74-75-76-77-78	8:13:34	1977
Don Muffley	5	72-73-74-75-76	7:32:37	1976
Kevin Murray	5	75-76-78-79-80	9:52:42	1979
Gary Naugle	5	71-72-73-74-75	7:40:48	1975
John Narramore	5	89-90-91-92-94	9:44:47	1991
Laura Nelson	5	88-89-90-91-92	7:08:29	1992
John Newdorp	5	76-77-78-79-80	10:33:38	1977
Andy Niebel	5	79-80-81-82-84	11:26:10	1982
Bruce Nystrom	5	75-76-77-78-79	6:17:44	1979
Ray Offky	5	78-79-81-82-84	7:40:01	1982
Andy Oliver	5	82-83-84-88-90	7:54:51	1984
Don Osman	5	88-89-93-94-96	11:09:49	1994
Galen Pryor	5	69-70-71-72-73	9:38:44	1973
Connie Reddick	5	73-75-76-77-78	11:07:16	1976
Eddie Reddick	5	72-73-74-75-76	8:42:36	1976
Jim Reeve	5	87-88-89-90-91	12:12:07	1988
Warren Renninger	5	90-91-93-94-95	8:29:33	1994
Andrew Reisenweber	5	88-89-90-91-92	8:39:58	1992
Roy Rengstorff	5	80-82-87-92-93	10:46:05	1982
Howard Reynolds	5	75-76-79-80-89	12:21:42	1979
Ray Rickett	5	72-73-75-76-77	11:44:13	1977
Howard Ridenour	5	70-71-72-73-74	10:09:04	1974
Karl Robinson	5	73-74-91-92-95	7:33:50	1974
Marvin Rosenstein	5	81-82-84-87-90	10:56:10	1982
Jim Russell	5	77-78-79-81-82	8:45:51	1982
Carl Schneider	5	76-77-78-80-81	9:06:35	1981
Chris Scott	5	80-85-87-92-93	8:30:13	1987
Lynn Sencindiver	5	77-79-87-93-95	11:44:42	1979
Ron Shaw	5	89-90-91-92-93	6:52:10	1990
Howie Simpson	5	82-83-84-85-86	7:43:31	1984
Tim Smith	5	85-86-87-88-89	7:33:12	1989
Jerry Snyder	5	75-76-78-79-81	11:52:04	1979
Edson Sower	5	80-81-82-83-84	9:15:01	1981
Nelson Spangler	5	72-73-75-76-77	11:35:57	1975
Jack Sparks	5	80-85-86-87-90	10:59:52	1986
Joe Spence	5	72-73-75-76-77	9:56:26	1973
Jim Starra	5	72-73-74-75-76	12:10:33	1975
Joe Szekeresh	5	91-92-93-94-95	9:33:31	1992
Marty Szekeresh	5	89-91-92-94-95	9:50:20	1991
Michael Taylor	5	76-77-78-79-80	11:11:54	1979
Brad Vaughn	5	71-72-73-74-75	7:46:54	1975

250 MILE CLUB (continued)

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Randy Ward	5	91-92-93-94-95	10:04:39 1993
Chris Whitesell	5	78-89-91-93-95	9:08:34 1978
Hugh Williams	5	69-71-73-75-82	12:19:28 1973
Dick Wilson	5	73-74-75-76-77	10:40:48 1976
Tom Winter, III	5	74-75-76-77-78	9:27:05 1978
Dave Young	5	73-75-76-77-78	9:16:59 1975
Tim Youngs	5	80-83-86-87-89	8:14:40 1980
Richard Zeger	5	91-92-93-94-95	9:32:58 1992
Bob Zimpfer	5	90-92-93-94-95	10:05:26 1990
Jim Zucco	5	76-77-78-80-81	9:11:50 1976



**Four Seasons R.V.
Service & Sales, Inc.**

**790 Potmae Ave. Hagerstown, MD
733-8827**



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A condensed history along the route of the JFK 50 Mile Hike run.
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B. Mason Dixon Line. Maryland lies south of this line, named for two British surveyors, the line was surveyed 1763 to 1767, forming the boundary between Pennsylvania and Maryland. In 1820, as a result of the Missouri Compromise, the Mason Dixon Line and its extension westward, became the boundary between the free states (north) and the slave states (south).

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compiled by Fred Schumacher "The Teach"

Clifton Leads 486 Home in 33rd Annual JFK 50 Mile

by Mike Spinner

At the 1994 JFK 50 Mile under nearly perfect weather conditions, Greensboro, North Carolina's, Eric Clifton put together 50 of the finest miles ever run in a trail ultra on his way to posting a stellar new event record of 5:46:22.

At this year's JFK, with the remnants of an earlier-in-the-week blizzard leaving as much as 12 inches of snow and ice on the Appalachian Trail portion of the route, not to mention an endless array of fallen trees, time would be immaterial. Winning would be all that mattered, and as many of the sport's best have learned the hard way over the years, Eric Clifton knows how to win.

Normally the one to force the action across the early mountain section of the JFK, the 37-year-old Clifton uncharacteristically allowed '94 Old Dominion 100 Mile winner Courtney Campbell and one-time 2:30 marathoner David Lieb to do the point work.

The 30-year-old Campbell was the first to emerge off the Weverton cliffs at 15.7 miles and appeared fully in control as he began his westward trek on the C&O Canal towpath. By 30 miles Campbell's lead had stretched to a substantial 4:56 over Clifton, who in the 14 mile stretch since leaving the trail had overtaken an eventual DNFing Lieb. But this scenario would soon begin to change.

Campbell stopped over so briefly to walk just yards past the 30.5-mile Shepherdstown Bridge landmark. He still looked strong, but word of his apparent vulnerability quickly spread to his pursuers. Clifton, well back but the only challenger with a realistic shot to catch Campbell, launched his attack, and by the 34.4-mile point his deficit had been cut to under three minutes.

Two miles later Campbell was in his sights and in the 37th mile the pass was made. Climbing off the towpath at 41.0 miles Clifton had built three minutes of daylight and was on his way to a successful title defense — only the fourth man in JFK history to accomplish the feat. Barring his third JFK crown (he triumphed here in 1991 as well) the 1992 USATF "Ultramarathoner of the Year" stopped the clock at 6:15:36, good for the \$300 winner's share of a prize purse which was being offered for the first time in the historic event's existence.

Campbell, in spite of the most unfavorable course conditions, was able to hold on well enough to hack some five places (and over ten minutes) from his '94 JFK performance to net second place and its corresponding \$200, with a 6:23:37 recording.

A quantum leap of improvement (from 7:17:49 in '94 to 6:39:29 in '95) allowed Fayetteville, North Carolina's, Harvey Hall, 29, to out-pace U.S. National Team member Jim Garcia (6:42:38) of Westford, Massachusetts, and pick up the \$100 third-place check.

"Mastering" the fifth to seventh places were 40-plus racers Tim Hewitt, 41 of Greensburg, Pennsylvania; 1985 winner and JFK masters record holder at 6:16:20, David Horton, 45, of Lynchburg, Virginia; and Pittsburgh's 47-year-old four-time ('88, '89, '92, and '93) JFK Champ Chris Gibson.

A quality women's affair saw 29-year-old Janice Anderson of Stone Mountain, Georgia, take a wire-to-wire victory in 7:40:54. Although never fronted, Anderson — the winner of the GNC 50 Mile and Mountain Masochist Trail 50 Mile in 1995 — didn't have a "cake walk" to her \$300 payday as Springfield, Virginia's, Bridget Brunick, 27, chased closely throughout the day to capture the second-place check (\$200) in 7:50:53.

Third was 38-year-old Rebekah Trittipoe of Lynchburg, Virginia, who collected \$100 for her 8:00:38 effort, as Canadian Suzanne Gagnon, 35, and Minneapolis, Minnesota's, Sandra Levine, 37 rounded out the top five distaffers in 8:19:29 and 8:22:54 respectively.

1994 female victor and six-time JFK titlist, Carolyn Showalter, 41, couldn't retain her crown, but did strike paydirt in the masters category with her sixth placing in 8:26:59.

In arguably the best performance of the day, Fort Valley, Virginia's, Patricia Bots, 55, set the 50 and-over women's mark with an 8:47:15 which whacked some seven minutes and 38 seconds from a record she herself established five years ago. It was remarkable under any conditions, but on a day when the course was as slow as it had ever been in its third-of-a-century history, the clocking was "Beaumesque."

Although Bots' splendid mark was the only record-breaking time of the day, perhaps 80-year-old Carl Llewellyn's performance will go down as the greatest accomplishment in the JFK's storied history.

With his sights set on becoming the first 80-plus athlete to ever finish in the JFK's allotted 14-hour time limit, Llewellyn appeared to be out of luck because of the snow-slowed route.

As a 79-year-old in 1994 "King Carl" mustered everything he had to nip the 14-hour cut-off by less than four minutes. So under the much slower '95 course conditions — not to mention Llewellyn being another year older — an odds maker I'm sure would have been more than happy to give 1,000-to-

1 odds against the "Super Senior" accomplishing his goal.

The race director (yours truly) did everything but ask Llewellyn not to start, in fear for his well being. Llewellyn assured the race organizers that he would be careful, as the last thing he wanted to do was hurt himself and/or the JFK, but he wanted to give it a "try."

"Try" he did, and 13:45:57 after the starter's pistol released the 555 starters from the Boonsboro, Maryland, starting line, Llewellyn stepped into legend status by crossing the 50.2-mile finish line in Williamsport, Maryland. No other competitor older than 69 years of age finished on the day.

Statistically the 486 finishers under the official 14 hour limit made the '95 finishers field the second largest in JFK history (ranking behind only the all-time U.S. ultra record of 673 in the JFK's 1973 edition) and the largest single ultramarathon field finish on the North American continent this year.

The 34th Annual JFK 50 Mile — "America's Ultramarathon" — will take place November 16, 1996. The tradition continues.

JFK 50 Mile

Boonsboro to Williamsport, Md.

Nov. 18, 1995

50.2 mi; dirt towpath (26 mi), paved (12 mi), and trails (12 mi)

1. Eric Clifton, 37, NC	6:15:36
2. Courtney Campbell, 30, VA	6:23:37
3. Harvey Hall, 29, NC	6:39:29
4. James Garcia, 37, MA	6:42:38
5. Tim Hewitt, 41, PA	6:49:17
6. David Horton, 45, VA	6:54:47
7. Chris Gibson, 42, PA	6:56:37
8. Paul French, 35	7:02:50
9. Steve Webster, 42, MI	7:07:02
10. Rob Hovernalo, 31	7:10:16
11. Ian Torrence, 23	7:12:29
12. Daniel Dreyer, 46, CO	7:17:06
13. Frank Lum, 30	7:18:21
14. Les Michalak, 45, ONT	7:30:21
15. Christopher Wytyczak, 34, ONT	7:35:25
16. Jon Alger, 28, NC	7:38:05
17. Dennis Herr, 48, VA	7:38:23
18. Stephen Peckicinis, 36, MA	7:38:53
19. Michael Robertson, 44, NC	7:39:08
20. Janice Anderson, 29, GA	7:40:54
21. Bob Briggs, 38, VA	7:46:15
22. Scott Mower, 24	7:47:23
23. Michael Fiorito, 28, NC	7:49:05
24. David Buddington, 54, CT	7:50:22
25. Bridget Brunick, 27, VA	7:50:53
26. Jeff Graft, 39, MI	7:52:41
27. Peter Moore, 38, VT	7:53:24
28. Matthew Von Kaenel, 31, VA	7:54:52
29. Thomas Smith, 47	7:58:23
30. Michael Adams, 46, PA	7:58:35
31. Rebekah Trittipoe, 38, VA	8:00:38
32. Gary Froehman, 35, MA	8:06:21
33. Frank Probst, 52, VA	8:08:47
34. Dave Faherty, 50, NJ	8:09:55
35. Mark Simon, 27, VA	8:10:18
36. Greg Davis, 21, DE	8:11:17
37. John Goss, 38, PA	8:13:27
38. Hollis Lenderking, 46, CA	8:14:32

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